

# Lunch



# Menu

## Appetizers

### Grilled Quesadilla

Chicken breast with bacon, artichoke spinach dip, and a blend of cheeses toasted between two herb tomato tortillas. \$10 half order \$7

### Finger Foods *Your choice of one.*

Onion rings served with deck sauce, Homemade potato chips served with spicy sour cream or deck sauce, Sweet potato fries with cinnamon apple remoulade. \$6

### Cashew Fingers

Alaskan fish hand breaded in our cashew panko crust, deep fried and served with lemon lime aioli. \$10

### Chicken Tenders and Fries

Four strips of all white meat chicken and French fries. \$9

### Artichoke Spinach Dip

Our homemade artichoke spinach dip served with garlic crostini. \$8

### Nachos Supreme

Tortilla chips smothered with cheddar cheese, black olives, green onions, tomatoes, jalapenos, green peppers, seasoned ground beef, and a side of salsa and sour cream. \$9 with chicken \$10 add side of guacamole 75¢

## Soups & Salads

*Served with Breadstick*

### Minnesota Wild Rice Chicken Soup

Minnesota wild rice, diced chicken, onions, celery, carrots, and mushrooms in a delicate white wine cream sauce. Bowl \$5 Cup \$3

### Soup of the Day

Homemade soups from the freshest ingredients made daily and served with crackers. Bowl \$5 Cup \$3

### Caesar Salad

Sliced romaine leaves drizzled with creamy Caesar dressing, croutons and topped with grated parmesan cheese. \$7 with grilled chicken breast \$10 with grilled Atlantic salmon \$12

### Minnesota Cobb Salad

Crisp greens with tomatoes, bleu cheese, bacon, wild rice and your choice of grilled chicken breast or crispy chicken tenders. \$12

### Arrowwood Chop Salad

Crisp greens, grilled chicken, bleu cheese, bacon, red onions, corn, black beans and tortilla strips tossed in our avocado dressing. \$12

### Strawberry Bleu

Fresh spinach and grilled chicken breast topped with dried cranberries, strawberries, bleu cheese, and brown sugar walnuts. \$12

### Coconut Chicken Salad

Coconut encrusted chicken with mixed greens, cucumbers, peapods, strawberries, pineapple, and brown sugar walnuts. \$11

### Taco Salad

Tortilla shell filled with greens, taco meat, cheese, tomatoes, onions, jalapenos, black olives, green peppers, served with salsa and sour cream. \$10 with chicken \$11

### Dressing Options

Parmesan peppercorn, lite French, thousand island, ranch, blue cheese, honey mustard, balsamic vinaigrette, poppy seed, avocado, Italian fat free ranch, olive oil & vinegar

## Paninis

*Served with french fries or homemade potato chips  
Substitute soup, side salad, onion rings, or sweet potato fries for \$1.49*

### Club

Ham, turkey, applewood bacon, cheddar and Swiss. \$11

### Chicken Bacon Ranch

Grilled chicken, crisp apple wood bacon, four cheese blend, and ranch dressing. \$11

### Pizza

Italian sausage, pepperoni, basil, roasted red peppers, and fresh mozzarella. \$12

## Sandwiches

*Served with French fries, or homemade potato chips.  
Substitute soup, side salad, onion rings, or sweet potato fries for \$1.49*

### Hickory Glazed Prime

*Grilled prime rib glazed with hickory BBQ sauce served on Texas toast with fried onion straws. \$13*

### Prime Dip

*Slow roasted prime rib sliced thin on a toasted hoagie bun.  
Served with au jus. \$11  
Loaded w/sautéed onions, peppers,  
mushrooms & Swiss cheese. \$13*

### Reuben

*Pastrami, sauerkraut, Swiss cheese, and thousand island dressing on toasted marble rye bread. \$10*

### Rachel

*Turkey, sauerkraut, Swiss cheese, and thousand island dressing on toasted marble rye bread. \$10*

### Tuna Melt

*Tuna salad served open faced on toasted English muffins topped with dill havarti cheese. \$9*

### Fish Sandwich

*Beer battered and deep fried fish on a toasted hoagie bun served with wasabi slaw, lettuce, tomato, onions, and tartar sauce. \$11*

### It's a Wrap

*Turkey or chicken (grilled or crispy), lettuce, tomatoes, bacon, cheddar cheese, and ranch dressing wrapped in a tomato basil tortilla. \$10*

### Chicken Caprese

*Grilled chicken breast, tomatoes, basil and mozzarella served on a toasted bun. \$11*

### Turkey Bacon Melt

*Turkey breast, apple wood bacon, fresh avocado and Swiss on toasted flatbread. Served with garlic aioli. \$10*

## Burgers

*All burgers are served with French fries or homemade potato chips.  
Substitute soup, side salad, onion rings, or sweet potato fries for \$1.49*

### Arrowwood Burger

*Our grilled burger, chicken breast, or turkey burger topped with American and Swiss cheese, apple wood bacon and sautéed mushrooms and onions. \$11*

### Darling Melt

*Grilled burger or chicken breast with sautéed onions, Swiss & American cheese. Served on toasted marble rye bread with thousand island dressing. \$10*

### Tripp Burger

*Grilled burger or chicken breast topped with Andouille sausage, pepper jack & Swiss cheese. \$12*

### Firehouse Steak Burger

*An Arrowwood Exclusive! USDA choice tenderloin and rib eye are ground with jalapeno bacon and topped with chipotle mayo & pepper jack cheese for a hearty kick. \$13*

### Atikwa Birdie

*Grilled burger topped with sautéed onions, muenster cheese, and an over easy egg. \$11*

### Elk Burger

*Lake Café original! Locally raised certified lean ground elk, served with roasted garlic aioli, sautéed onions, and muenster cheese. \$11*

### Create your own...

#### Burger, Chicken Breast, Turkey Burger, or Veggie Burger \$9

*Add two toppings:  
American, cheddar, Swiss, gouda, pepper jack, muenster, bleu, mozzarella or dill havarti cheese, sautéed mushrooms, onions, apple wood bacon. \$10  
Add'l toppings .75¢ each*

## Pastas

### Cajun Chicken Linguini

*Chicken breast sautéed with toasted almonds, asparagus, and mushrooms tossed with linguini in a chipotle white wine alfredo.  
Served with garlic crostini. \$15*

### Tortellini Pomadora

*Cheese tortellini served with grilled sirloin steak, roasted peppers, onions, basil and mushrooms tossed in vodka tomato sauce.  
Served with garlic crostini. \$16*



*Chef Recommended*

*Gluten free & vegetarian menus available*